ENGINEERS & FRUSTRATION GO HAND IN HAND

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An “engineer” friend of mine once correctly said that if in case some engineer ended up being the Aamir Khan of Ghajini, then instead of “girlfriend was killed”, he would have “some engineer was killed” written on his body, instead of planning a vengeance on Ghajini, there would have been “Kill Professors” all over his body and finally in place of all those numbers, addresses, dates etc, he would have the list of assignments to be submitted, the list of projects to be completed and the most importantly “go…get yourself some sleep” engraved on his body.

On another such occasion, another friend once said “*Yaar, it would be so wonderful if the 2012 prediction becomes a reailty….we can at least save ourselves from the dilemma of MS or MBA.*”

One simple straightforward reason that I could find for such thoughts was frustration. Frustration in itself appears something which everyone has in their life, let it be engineers or non-engineering students, students or the teachers, parents, children or in general anybody. But frustration from the perspective of an engineer is something different. I have learnt about this only after I started my journey to become one of those lakhs of engineers our country produces every year.

There are so many causes of worry for an engineer. The list is simply endless.

Absence of girlfriend in life (a prime reason for most of my friends), lack of taste and even quality in the mess food, slow surfing and downloading speeds, inexplicable course load, classes, assignments, labs etc. Screwing up the minors or the majors, lack of sufficient holidays or professor taking a lecture on a holiday .No good movies to watch, the Xerox facility or some necessity going out of order.  
I could even find some worrying too much about the problems of the society like rising onion prices, increasing corruption and black money, India losing the match etc.

From serious real life troubles to simple silly futile things, every now and then, every single moment, every small damn thing ends up as a cause of worry for an engineer. Any small aberration from the routine appears as something monstrous and troublesome for an engineer and the real big question is how does he get out of this frustration? How does he deal with it? What can be the solution to his problems? What could give him some peace of mind?



Frustration is a clear reflection of various hardships or the mental tensions an engineer is subjected to. There is no one who is like completely happy and untroubled. In fact I would say, he who has never gotten frustrated during his graduation period, hasn’t really experienced the true engineer life.

So what could be the possible solution to such small but still serious problem?

A change in the way you look at things. A change in the way you accept things.  
If you are being subjected to some unnecessary tensions or pressures, try to face and fight it. Never let it overpower you.  
Unable to bear the loads? Maintain some regularity, consistency and discipline in the study and preparation matters….automatically you will feel the difference.

The moment you become a pessimist, then frustration follows and further defeat continues.  
Try to look into the good in whatever you do or whatever is being done to/with you.  
Take life positively. It will immediately remove frustration from your dictionary.  
Be the change that you wish to see….ending your troubles by mending your ways.